


January 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00a Geri-Fit Strch/Abs 3 8:30a Geri-Fit Abs 9:00a Geri-Fit Fall Prev 9:00a Table Tennis 10:00a Geri-Fit Stretch 10:30a NO Spanish 11:00a Caregiver's Support Group 11:45a Duplicate Bridge 12:00pAmSgnLngMeetup 12:00p Poker 1:00p Cribbage/Pinochle 5:30p Hand & Foot	4 8:00a Peer Led Exerc. 9:00a Aerobic Chair Exer. 9:30a Intermediate Line Dancing 10:00a Hooks & Needles 11:00a Practice American Sign Language 12:00p Free BP Checks 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 6:00p Open Table Tennis	5 8:00a Geri-Fit Stretch 8:30a Geri-Fit Abs 9:00a Int. Bridge 9:00a Geri-Fit Grt Gen. 10:00a Geri-Fit Stretch 12:00p Poker 1:00p Scrabble 2:00p Open Jam Session 6:00p Bunco 6:30p Geri-Fit Exercise 6:30p Ukulele Players	6 8:00a Peer Led Exerc. 9:00a Aerobic Chair Exer. 9:00a Tech Time w/Mark 9:00a Texas Canasta Adv. 9:30a Basic Beginner Line Dance 10:00a NO Spanish 11:00 Quilts N' More 1:00p Golden Age of Radio 1:00p Improv Line Dance 1:00p Table Talk 5:00p Movie Night	7 8:00a Geri-Fit Stretch 8:30a Geri-Fit Abs 9:00a Aerobic Chair Exer. 9:00a Inter. Bridge 1:00p Mexican Train Dominoes 1:00p Movie 1:00p Woodcarvers & Open Table Top Art 2:00p NO Sherlock Holmes 2:30p No Legal Consult.
10 8:00a Geri-Fit Strch/Abs 9:00a Geri-Fit Fall Prev 9:00a Table Tennis 10:00a Geri-Fit Stretch 10:00a Alz Support Grp 10:00a Men's Disc Grp 10:30a NO Spanish 11:45a Duplicate Bridge 12:00pAmSgnLngMeetup 12:00p Poker 1:00p Cribbage/Pinochle 3:00p Color of the Year 5:30p Hand & Foot 5:30p Mystery Book Clb	11 8:00a Peer Led Exerc. 9:00a Aerobic Chair Exer. 9:30a Intermediate Line Dancing 10:00a Begin American Sign Language 10:00a Hooks & Needles 10:00a Memoir Writing 11:00a Advanced Ameri Sign Language 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 6:00p Open Table Tennis	12 8:00a Geri-Fit Strength 8:30a Geri-Fit Abs 9:00a Int. Bridge 9:00a Geri-Fit Greatest Generation 10:00a Geri-Fit Stretch 12:00p Poker 1:00p Scrabble 1:00p Women Singles' 2:00p Open Jam Session 5:30p Euchre 6:30p Geri-Fit Exercise	13 8:00a Peer Led Exerc. 9:00a Aerobic Chair Exercise 9:00a Texas Canasta Adv. 9:30a Basic Beginner Line Dancing 10:00a NO Spanish 1:00p AZ Speaks: Flying Through Arizona 1:00a Improver Line Dancing 1:00a Table Talk 5:00p A Night at the Movies	14 8:00a Geri-Fit Stretch 8:30a Geri-Fit Abs 9:00a Aerobic Chair Exer. 9:00a Inter. Bridge 10:00a Matter of Balance 10:00a Medicare Ins Cons 1:00p Mexican Train Dominoes 1:00p Movie 1:00p Woodcarvers & Open Table Top Art SATURDAY 1/15: 2:00p Writing Workshop
17 COMMUNITY CENTER CLOSED  Martin Luther King DAY	18 8:00a Peer Led Exerc. 9:00a Aerobic Chair Exer. 9:30a Intermediate Line Dancing 10:00a BeginAmSignLang 10:00a Hooks & Needles 11:00a Adv Am Sign Lang 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 1:00p Swing Time Music 6:00p Open Table Tennis	19 8:30a Geri-Fit Str/Abs 9:00a Geri-Fit Grt Gen. 9:00a Int. Bridge 9:00a Time4U CompLab 10:00a Geri-Fit Stretch 12:00p Poker 1:00p Scrabble 2:00p Open Jam Session 6:00p Bunco 6:30p Geri-Fit Exercise 6:30p Ukulele Players	20 8:00a Peer Led Exerc. 9:00a Texas Canasta Adv. 9:00a Aerobic Chair Exer. 9:30a Basic Beg Line Dnc 10:00a NO Spanish 1:00p Improv Line Dance 1:00p Table Talk 2:00p Travel Series: Canadian Rockies, Croatia, Spain & Portugal 5:00p A Night at the Movies	21 8:00a Geri-Fit Strength 8:30a Geri-Fit Abs 9:00a Aerobic Chair Exer. Easy-Does-It 9:00a Inter. Bridge 10:00a Matter of Balance 1:00p Mexican Train Dominoes 1:00p Movie 1:00p Woodcarvers & Open Table Top Art
24 8:00a Geri-Fit Strtch/Abs 9:00a Geri-Fit Fall Prev 9:00a Table Tennis 10:00a Men's Disc Grp 10:00a Geri-Fit Stretch 10:00a Alz Support Grp 10:30a NO Spanish 11:45a Duplicate Bridge 12:00pAmSgnLngMeetup 12:00p Poker 1:00p Cribbage/Pinochle 2:00p Spinal Health 5:30p Hand & Foot	25 8:00a Peer Led Exerc. 9:00a Aerobic Chair Exer. 9:15a Health Talks-Spooner Improve Mobility for Your Golf Game 9:30a Interm. Line Dance 10:00a BeginAmSignLang 10:00a Hooks & Needles 11:00a Adv Am Sign Lang 1:00p NO Bingo 1:00p Mah Jongg 1:00p Movie 6:00p Open Table Tennis	26 8:00a Geri-Fit Stretch 8:30a Geri-Fit Abs 9:00a Geri-Fit Grt Gen. 9:00a Int. Bridge 10:00a Geri-Fit Stretch 12:00p Poker 1:00p Scrabble 2:00p Open Jam Session 3:00p Activities EXPO 5:30p Euchre 6:30p Geri-Fit Exercise	27 8:00a Peer Led Exerc. 9:00a Texas Canasta Adv. 9:00a Aerobic Chair Exer. 9:30a Basic Beg Line Dnc 10:00a NO Spanish 11:00a Healthy Mind & Body, Avoid Falls by Dr. Nick Schultz 1:00p Improv Line Dance 1:00p Table Talk 2:00p Sr. Care Options 5:00p Night-the Movies	28 8:00a Geri-Fit Strength 8:30a Geri-Fit Abs 9:00a Aerobic Chair Exer. 9:00a Inter. Bridge 10:00a Matter of Balance 10:00a Medicare Insurance Consultation 1:00p Mexican Train Dominoes 1:00p Movie 1:00p Woodcarvers & Open Table Top Art
31 8:00a Geri-Fit Stretch/Abs 9:00a Geri-Fit Fall Prev 9:00a Table Tennis 10:00a Geri-Fit Stretch 10:00a Men's Disc Grp 11:45a Duplicate Bridge 10:30a NO Spanish 12:00pAmSgnLngMeetup 12:00p Poker 1:00p Cribbage/Pinochle 2:00p TechTime: Home Automation 3:00p 3 Myths-Nutrition w/Patti Milligan 5:30p Hand & Foot	Community Center Membership is REQUIRED for participation  2022 HAPPY NEW YEAR			

