

Support Groups

A Resource from Family and Community Services



Alzheimer's Institute &
Sun Health Research Institute



Support groups offer an opportunity to connect with others in a similar situation. Led by dementia experts, our groups often have a specific focus to best meet your need. Join the discussion to seek or share advice, care strategies, learn, connect, or simply listen. Most groups are currently offered through Zoom, unless otherwise noted.

Please contact us at 602-839-6850 or via email at baifcs@bannerhealth.com for Zoom Link information or Location Address.

<p>ADULT CHILD SUPPORT GROUP (Adult Child Caregivers for Dementia Only) Meets Last Tuesday, Time: 5:15-6:45pm</p>	<p>FIRST TUESDAY CAREGIVER SUPPORT GROUP (Caregivers for Dementia Only) Meets First Tuesday, Time: 1:00-2:00pm</p>
<p>FIRST WEDNESDAY CAREGIVER SUPPORT GROUP (Caregivers for Dementia Only) Meets First Wednesday, Time: 1:00-2:00pm</p>	<p>CAREGIVERS OF MEMORY AND MOVEMENT DISORDERS SUPPORT GROUP <i>In Person Group at BAI Tucson</i> (Caregivers of Memory & Movement D.O. Only) Meets Third Thursdays, Time: 10:45-11:30am</p>
<p>COFFEE TALK PARKINSON'S SUPPORT GROUP (Caregivers & Persons with Parkinson's Disease) Meets <u>VIRTUALLY</u> Every 1st & 3rd Friday Meets <u>IN PERSON</u> Every 2nd & 4th Friday @BSHRI Time: 10:00-11:00am</p>	<p>EARLY STAGE & MCI SUPPORT GROUP (Caregivers & Persons with Early Stage-MCI) Meets Fourth Friday, Time: 1:00-2:30pm</p>
<p>FRONTOTEMPORAL (FTD) SUPPORT GROUP (Caregivers Only) Meets Second Tuesday, Time: 12:30-2:00pm</p>	<p>JUST ME: EARLY STAGE & MCI SUPPORT GROUP (Persons with Early Stage-MCI Only) Meets Second Friday, Time: 1:00-2:30pm</p>
<p>LEWY BODY (LBD) SUPPORT GROUP (Caregivers Only) Meets First Friday, Time: 12:30-2:00pm</p>	<p>MEN WHO CARE SUPPORT GROUP (Male Caregivers for Dementia Only) Meets First Wednesday, Time: 7:30-9:00am</p>
<p>NATIVE AMERICAN CAREGIVER CIRCLE GROUP (Caregivers for Dementia Only) Meets Second Thursday, Time: 10:00-10:30am</p>	<p>UN DESCANCITO GRUPO <i>In Person Group at Casa de Primavera</i> (Caregivers for Dementia Only) Meets Last Friday, Time: 9:00-10:00am</p>
<p><i>Listen to our Dementia Untangled Podcasts</i> www.BannerHealth.com/DementiaUntangled</p>	<p><i>Sign up for our Beacon Newsletter</i> www.BannerHealth.com/ALZBeacon</p>